Curriculum Vitae

1. Personal data

Full name: Andreia Cristina Matos Oliveira **National identity card:** 13754628

Nationality: Portuguese Birth date: 18 February, 1980

Contact data: acmatos@med.up.pt | institutional phone: 00351 22 2061820

ORCID ID: http://orcid.org/0000-0002-6714-5939

2. Academic degree

Nutrition Sciences pre-graduation 1998-2003 | Faculty of Nutrition and Food Sciences of the

University of Porto (final classification: 16/20)

PhD in Public Health 2007-2010 | University of Porto Medical School (holds the European PhD title) (approved with distinction, by unanimity)

3. Previous and current professional/academic activities

Period	Position or category	Institution
2017-	FCT Investigator from the FCT Investigator Programme 2015	EPIUnit - Institute of Public Health, University of Porto
2013-2016	Invited Auxiliary Investigator under the project National Food, Nutrition and Physical Activity Survey (EEA grants. Public Health Initiatives - 000088SI3)	University of Porto Medical School
2013-2014	Invited Auxiliary Professor (40%) of Epidemiology I and Population Health	University of Porto Medical School
2010/2013	Post-doctoral researcher within the European multicentre HabEat project "Determining factors and critical periods in food habit formation and breaking in early childhood: a multidisciplinary approach" (FP7-KBBE-2009-3)	University of Porto Medical School
2011 until now	Head of the Curricular Unit "Nutrition and Public Health" – Master Course in Public Health	University of Porto FMUP/ICBAS
2010 until now	Head of the Curricular Units "Public Health Nutrition", "Nutritional Policy" and "Methods of assessing dietary intake". Teaching assistant of "Nutritional Epidemiology" and "Nutritional Assessment". Nutrition pre-graduation course.	Fernando Pessoa University, Porto
2009/2013	Voluntary assistant of the Curricular Unit "Epidemiology" - Integrated Master in Medicine	University of Porto Medical School
2007/2010	PhD student in Public Health [SFRH/BD/31131/2006]	University of Porto Medical School
2006	Head of the curricular unit "Methods and Techniques in Dietetics Investigation", Dietetics pre-graduation course. Academic years of 2006/2007 and 2007/2008 (50h)	Jean Piaget College of Health, Vila Nova de Gaia
2006	Lecturer of the curricular unit "Seminars of knowledge - Use of the Statistical <code>Software SPSS® (v. 15.0)</code> in analysis and interpretation of results", Dietetics pre-graduation course. Academic years of 2006/2007 and 2007/2008 (20h)	Jean Piaget College of Health, Vila Nova de Gaia

4. Scientific activity

Current research interests:

Early formation of appetite-related eating behaviours

- To study the early formation of appetite-related eating behaviours: how they are established (e.g. their prediction by leptin levels) and their long-term effects on metabolic health.
- To explore the role of appetitive phenotypes as mediating factors of gene-environment interactions in weight gain through the life span.

Tracking of eating behaviors across time

- To identify dietary patterns trajectories over time and relate them with previous exposures.
- To evaluate the tracking of appetite-related eating behaviors across the life span and to assess its early-life influences.

Obesity Epidemiology

- To establish the predictive value of appetitive traits for growth trajectories in infancy, and to identify the cutoff for risk for later weight gain.
- To prospectively explore the effect of adiposity, fat free mass and resting metabolic rates in appetite control.
- To explore epigenetic mechanisms in weight gain during childhood.

Activities:

Research fellow at the Epidemiology Research Unit (EPI-Unit: UID-DTP/04750/2013) (dedication time: 50%)

Other related skills:

- Management of field work in several epidemiological studies;
- Recruitment and training of interviewers;
- Data handling in Access, correction and management of databases;
- Statistical analyses of data in statistical packages such as Stata and SPSS;
- Writing of manuscripts and reports.

Field of expertise

Epidemiology and Public Health

Oliveira A. has applied different methodological approaches to study diet. She was the first to propose an index to measure the adherence to the Southern European Atlantic Diet and to show its cardiovascular protective effects in Portugal and Spain. Oliveira A. also identified dietary patterns by a posteriori methods, contributing to the knowledge on how dietary choices clusters in the Portuguese population and how they are related with health.

Oliveira A. has contributed to clarify the independent effect of body fat distribution on inflammatory markers and coronary disease.

Oliveira A in her post-doctoral research has provided cross-cultural evidence on how perinatal and postnatal exposures influence fruit and vegetables intake, food variety and eating behaviours of infants and pre-school children, and how they could impact a child's growth and adiposity, based on the analysis of data from human cohort studies and experimental work.

5. Participation in scientific projects

Period	Position or category	Institution
2015 until now	Researcher of the project "Pathways from early life to cardiometabolic risk during childhood" (PTDC/DTP-EPI/3306/2014) – 15%	Institute of Public Health, University of Porto
2012 until 2015	Principal investigator of the Project "Understanding the dynamics of childhood body fat - the mediating effect of dietary patterns and eating behaviours" (PTDC/SAU-EPI/121532/2010)	Institute of Public Health, University of Porto

2012 until 2015	Researcher of the project "Childhood obesity-related inflammation and vascular injury - Impact on the kidney" (PTDC/DTP-PIC/0239/2012)	Institute of Public Health, University of Porto
2010/2013	Post-doctoral researcher of the Project "Determining factors and critical periods in food habit formation and breaking in early childhood: a multidisciplinary approach" (FP7-KBBE-2009-3)	University of Porto Medical School
2010/2013	Researcher of the project: "Peripheral body fat, lifestyles and adipokines" (PTDC/SAU-ESA/108315/2008)	Institute of Public Health, University of Porto
2007/2010	PhD Project: "Diet, Body Fat Distribution and Coronary Disease – Understanding the Effect of Inflammation (FCT - SFRH/BD/31131/2006)	University of Porto Medical School
2006	Manager of field work of the project: "Evaluation of the Impact of the Pharmaceutical Care" – National Plan for the Monitoring of Diabetes" (DGS/RF/SAP712/2005/SR)	Department of Hygiene and Epidemiology, University of Porto Medical School
2005	Research fellow of the project "Food consumption in Porto report" in collaboration with the National Authority of Food and Economic Safety.	Department of Hygiene and Epidemiology, University of Porto Medical School
July 2004/2005	Research fellow with a fellowship in the project: "Risk Factors to Acute Myocardial Infarction in young adults" (POCTI/42361/ESP/2001).	Department of Hygiene and Epidemiology, University of Porto Medical School

6. Publications

Papers in international scientific periodicals with referees [Impact factor (IF) JCR Science Edition 2012]

- 1. Albuquerque DG, Sever M, Oliveira A. Early Life Characteristics Associated with Appetite-Related Eating Behaviors in 7-Year-Old Children. J Pediatrics-US 2017;180: 38-46. [IF: 3.790]
- 2. Afonso L, Lopes C, Severo M, Santos S, Real H, Durão C, Moreira P, <u>Oliveira A</u>. Bidirectional association between parental child-feeding practices and body mass index at 4 and 7 years of age. Am J Clin Nutr 2016; 103(3):861-7. [IF: 6.770]
- 3. Durão C, Severo M, Oliveira A, Moreira P, Guerra A, Barros H, Lopes C. Association of maternal characteristics and behaviours with 4-year-old children's dietary patterns. Matern Child Nutr, 2016 Apr 3. doi: 10.1111/mcn.12278. [Epub ahead of print] [IF: 1.550]
- 4. Durão C, Oliveira A, Santos AC, Severo M, Guerra A, Barros H, Lopes C. Protein intake and dietary glycemic load of 4-year-olds and association with adiposity and serum insulin at 7 years of age: Sex-nutrient and nutrient-nutrient interactions. Int J Obes (Lond), 2016 Dec 28. doi: 10.1038/ijo.2016.240. [Epub ahead of print]. [IF: 5.337]
- 5. Albuquerque G, Lopes C, Durão C, Severo M, Moreira P, <u>Oliveira A</u>. Dietary patterns at 4 years old: association with appetite-related eating behaviours in 7 year-old children. Clin Nutr 2016 doi: 10.1016/j.clnu.2016.11.023. [Epub ahead of print]. [IF: 4.487]
- Santos S, Severo M, Gaillard R, Santos AC, Barros H, Oliveira A. The role of prenatal exposures on body fat patterns at 7 years: intrauterine programming or birthweight effects? Nutr Metab Cardiovas 2016 26(11):1004-1010. [IF: 3.323]
- 7. Santos S, Gaillard R, Oliveira A, Barros H, Abrahamse-Berkeveld M, van der Beek EM, Hofman A, Jaddoe VW. Associations of Infant Subcutaneous Fat Mass with Total and Abdominal Fat Mass at School-Age: The Generation R Study. Paediatr Perinat Epidemiol, 2016 Sep;30(5):511-20. IF: 2.958]
- 8. Stratakis N, Roumeliotaki T, Oken E, Barros H, Basterrechea M, Charles MA, Eggesbø M, Forastiere F, Gaillard R, Gehring U, Govarts E, Hanke W, Heude B, Iszatt N, VW Jaddoe, Kelleher C, Mommers M, Murcia M, Oliveira A, Pizzi C, Polańska K, Porta D, Richiardi L, Rifas-Shiman, SL, Schoeters G, Sunyer J, Thijs C, Viljoen K, Vrijheid M, Vrijkotte TGM, Wijga AH, Zeegers MP, Kogevinas M, Chatzi L. Fish intake in pregnancy and child growth: a pooled analysis of 15 European and US birth cohorts. JAMA Pediatrics 2016; 170(4):381-90. [IF:7.148]
- 9. Santos S. Gaillard R, <u>Oliveira A</u>, Barros H, Hofman, Franco OH, Jaddoe V. Subcutaneous fat mass in infancy and cardiovascular risk factors at school-age. The Generation R Study'. Obesity (Silver Spring). 2016; 24(2):424-9. [IF:3.734]

- 10. A. Oliveira, L. Jones, B. de Lauzon-Guillain, P. Emmett, P. Moreira, M. A. Charles, C. Lopes. Early problematic eating behaviours are associated with lower fruit and vegetable intake and less dietary variety at 4–5 years of age. A prospective analysis of three European birth cohorts. Br J Nutr 2015; 21: 1-9. [IF:3.453]
- 11. Simões M, Severo M, Oliveira A, Ferreira I, Lopes C. Predictive equations for estimating regional body composition: a validation study using DXA as criterion and associations with cardiometabolic risk factors. Annals of Human Biology 2015; 31:1-10. [IF:1.273]
- 12. Oliveira A, de Lauzon-Guillain B, Jones, L, Emmett P, Moreira P, Ramos E, Charles MA, Lopes C. Birth weight and eating behaviors of young children. J Pediatr-US 2015; 166(1): 59-65. [IF: 3.790]
- 13. Vilela S, <u>Oliveira A</u>, Pinto E, Moreira P, Barros H, Lopes C. The influence of socioeconomic factors and family context on energy-dense food consumption among two-year-old children. Eur J Clin Nutr 2015; 69(1):47-54. [IF: 2.709]
- 14. Fildes A, Moschonis G, Lopes C, Moreira P, Oliveira A, Mavrogianni C, Manios Y, Beeken R, Wardle J, Cooke L. An exploratory trial of parental advice for increasing vegetable acceptance in infancy. Br J Nutr 2015; 11: 1-9. [IF:3.453]
- 15. Moreira T, Severo M, <u>Oliveira A</u>, Ramos E, Rodrigues S, Lopes C. Eating out of home and dietary adequacy in preschool children. Br J Nutr 2015; 17: 1-8. [IF:3.453]
- 16. Durão C, Andreozzi V, Oliveira A, Moreira P, Guerra A, Barros H, Lopes C. Maternal child-feeding practices and dietary inadequacy of 4-year-old children. Appetite 2015; 92: 15-23. [IF:2.691]
- 17. Durao C, Severo M, Oliveira A, Moreira P, Guerra A, Barros H, et al. Evaluating the effect of energy-dense foods consumption on preschool children's body mass index: a prospective analysis from 2 to 4 years of age. Eur J Nutr 2015; 54(5): 835-43. [IF: 3.467]
- 18. Jones L, Moschonis G, Oliveira A, de Lauzon-Guillain B, Manios Y, Lopes C, Moreira P, Charles MA, Emmett P. The influence of early feeding practices on healthy diet variety score among preschool children in four European birth cohorts. Public Health Nutr 2014; 20: 1-11. [IF: 2.679]
- 19. Real H, Oliveira A, Severo M, Moreira P, Lopes C. Combination and adaptation of two tools to assess parental feeding practices in pre-school children. Eat Behav 2014; 15(3): 383-87. [IF: 1.796]
- 20. Moreira I, Severo M, <u>Oliveira A</u>, Durão C, Moreira P, Barros H, Lopes C. Social and health-behavioural determinants of maternal child-feeding patterns in preschool-aged children. Matern Child Nutr 2014 Apr 4. doi: 10.1111/mcn.12132. [Epub ahead of print] [IF: 3.064]
- 21. Santos S, Oliveira A, Pinho C, Casal S, Lopes C. Fatty acids derived from a food frequency questionnaire and measured in erythrocyte-membrane in relation to adiponectin and leptin concentrations. Eur J Clin Nutr 2014; 68(5): 555-60. [IF: 2.709]
- 22. Paupério A, Severo M, Lopes C, Moreira P, Cooke L, <u>Oliveira A</u>. Could the Food Neophobia Scale be adapted to pregnant women? A confirmatory factor analysis in Portuguese women. Appetite 2014; 75: 110-16. [IF: 2.691]
- 23. Leventakou V, Roumeliotaki T, Martinez D, Barros H, Brantsaeter AL, Casas M, Charles MA, Cordier S, Eggesbo M, van Eijsden M, Forastiere F, Gehring U, Govarts E, Halldorsson TI, Hanke W, Haugen M, Heppe D, Heude B, Inskip HM, Jaddoe V, Jansen M, Kelleher C, Meltzer HM, Merletii F; Moltó-Puigmartí C, Mommers M, Murcia M, Oliveira A, Olsen SF, Pele F, Polanska K, Porta D, Richiardi L, Robinson SM, Stigum H, Strøm M, Sunyer J, Thijs C, Viljoen K, Vrijkotte T, Wijga AH, Kogevinas M, Vrijheid M, Chatzi L. Fish intake during pregnancy, fetal growth, and gestational length in 19 European birth cohort studies. Am J Clin Nutr 2014; 99(3): 506-16. [IF: 6.770]
- 24. Vilela S, Oliveira A, Ramos E, Moreira P, Barros H, Lopes C. Association between energy-dense food consumption at 2 years of age and diet quality at 4 years of age. Br J Nutr 2014; 111(7): 1275-82. [IF:3.453]
- 25. Santos S, Oliveira A, Lopes C. Systematic review of saturated fatty acids on inflammation and circulating levels of adipokines. Nutr Res 2013; 33(9): 687-95. [IF: 2.472]
- 26.de Lauzon-Guillain B, Jones L, <u>Oliveira A</u>, Moschonis G, Betoko A, Lopes C, Moreira P, Manios Y, Papadopoulos NG, Emmett P, Charles MA. The influence of early feeding practices on fruit and vegetable intake among preschool children in four European birth cohorts. Am J Clin Nutr 2013; 98(3): 804-12. [IF: 6.770]
- 27. Oliveira A, Maia B, Lopes C. Determinants of inadequate fruit and vegetables consumption amongst Portuguese adults. J Hum Nutr Diet 2014; 27 Suppl 2: 194-203. [IF: 1.987]
- 28. Santos S, Oliveira A, Casal S, Lopes C. Saturated fatty acids intake in relation to C-reactive protein, adiponectin and leptin: a population-based study. Nutrition 2013; 29(6): 892-897. [IF: 2.926]
- 29. Guallar-Castillón P, <u>Oliveira A</u>, Lopes C, López-García E, Rodríguez Artalejo F. The Southern European Atlantic Diet is associated with lower concentrations of markers of coronary risk. Atherosclerosis 2013; 226(2): 502-9. [IF: 3.994]

- 30. Lauzon-Guillain B, Oliveira A, Monnery-Patris S, Grammatikaki E, Jones L, Rigal N, Lopes C, Manios Y, Moreira P, Emmett P, Charles MA. A review of methods to assess parental feeding practices and preschool child's eating behavior: the need for further development of tools. J Acad Nutr Diet 2012; 112(10): 1578-1602. [IF: 3.497]
- 31. Lucas R, Ramos E, <u>Oliveira A</u>, Monjardino T, Barros H. Low-grade systemic inflammation and suboptimal bone mineral density throughout adolescence: a prospective study in girls. Clin Endocrinol 2012; 77(5): 665-71. [IF: 3.457]
- 32. Lourenço S, Oliveira A, Lopes C. The effect of current and lifetime alcohol consumption on overall and central obesity. Eur J Clin Nutr 2012; 66(7): 813-8. [IF: 2.709]
- 33. Gonçalves P, Oliveira A, Severo M, Santos AC, Lopes C. Cross-sectional and longitudinal associations between serum uric acid and metabolic syndrome. Endocrine 2012; 41(3): 450-7.[IF: 3.878]
- 34. Oliveira A, Rodríguez-Artalejo F, Gaio R, Santos AC, Ramos E, Lopes C. Major habitual dietary patterns are associated with acute myocardial infarction and cardiovascular risk markers in a Southern European population. J Am Dietetic Assoc 2011; 111(2): 241-50. [IF: 3.497]
- 35. Oliveira A, Lopes C, Severo M, Rodríguez-Artalejo F, Barros H. Body fat distribution and C-reactive protein a principal component analysis. Nutr Metab Cardiovas 2011; 21: 347-354. [IF: 3.323]
- 36. Dias P, Oliveira A, Lopes C. Social and behavioural determinants of alcohol consumption. Ann Hum Biol 2011; 38(3): 337–344. [IF:1.273]
- 37. Camões M, <u>Oliveira A</u>, Lopes C. The Role of Physical Activity and Diet on Overall and Central Obesity Incidence. J Phys Act Health 2011; 8: 811-19. [IF: 1.951]
- 38. Oliveira A, Lopes C, Rodríguez-Artalejo F. Adherence to the Southern European Atlantic Diet and occurrence of nonfatal acute myocardial infarction. Am J Clin Nutr 2010; 92(1): 211–7. [IF: 6.770]
- 39. Camões M, Oliveira A, Pereira M, Severo M, Lopes C. Role of physical activity and diet in incidence of hypertension: a population-based study in Portuguese adults. Eur J Clin Nutr 2010; 64(12): 1441-9. [IF: 2.709]
- 40. Oliveira A, Rodríguez-Artalejo F, Lopes C. Indices of central and peripheral body fat: association with non-fatal acute myocardial infarction. Int J Obesity 2010; 34(4): 733-41. [IF: 5.004]
- 41. Oliveira A, Rodríguez-Artalejo F, Lopes C. Alcohol intake and systemic markers of inflammation shape of the association according to sex and body mass index. Alcohol 2010; 45(2): 119-25. [IF: 2.006]
- 42. Camões M, Lopes C, Oliveira A, Santos AC, Barros H. Overall and central obesity incidence in an urban Portuguese population. Prev Med 2010; 50(1-2): 50-5. [IF: 3.086]
- 43. Oliveira A, Rodríguez-Artalejo F, Lopes C. The association of fruit, vegetables, antioxidant vitamins and fiber intake with high-sensitivity C-reactive protein: sex and body mass index interactions. Eur J Clin Nutr 2009; 63(11): 1345-52. [IF: 2.709]
- 44. Oliveira A, Barros H, Azevedo A, Bastos J, Lopes C. Impact of risk factors for non-fatal Acute Myocardial Infarction. Eur J Epidemiol 2009; 24(8): 425-32. [IF: 5.339]
- 45. Oliveira A, Ramos E, Lopes C, Barros H. Self-reporting weight and height: misclassification effect on the risk estimates for acute myocardial infarction. Eur J Public Health 2009; 19(5): 548-53. [IF: 2.591]
- 46. Oliveira A, Barros H, Lopes C. Gender heterogeneity in the association between lifestyles and non-fatal acute myocardial infarction. Public Health Nutr 2009; 12(10): 1799-806. [IF: 2.679]
- 47. Ramos E, Lopes C, Oliveira A, Barros H. Unawareness of weight and height the effect on self-reported prevalence of overweight in a population-based study. J Nutr Health Aging 2009; 13(4): 310-4. [IF: 2.996]
- 48. Oliveira A, Barros H, Maciel MJ, Lopes C. Tobacco smoking and acute myocardial infarction in young adults: a population-based case-control study. Prev Med 2007; 44(4): 311-6. [IF: 3.086]

Papers in national periodicals with referees

- Tavares P, <u>Oliveira A</u>, Lopes C. Family history of coronary heart disease, health care and health behaviours. Rev Port Cardiol 2011; 30(9):703-10.
- 2. Oliveira A, Lopes C, Santos AC, Ramos E, Severo M, Barros H. Macronutrients and ethanol intake in Portuguese adults [in Portuguese: Ingestão de macronutrientes e de etanol em adultos Portugueses]. Acta Med Port 2008; 21(1): 37-48.

Papers in other periodicals

- 1. Alves C, <u>Oliveira A</u>. Sociodemographic and behavioral characteristics of adherence to a Healthy Dietary Pattern: application of the KidMed to adolescents from a rural area [in Portuguese: Caracterização sociodemográfica e comportamental da adesão a um Padrão Alimentar Saudável: aplicação do Kidmed a adolescentes de um meio rural]. Revista Factores de Risco 2014;31:78-88.
- 2. Lisa A, Moreira T. Oliveira A. Indexes of adherence to the Mediterranean Dietary Pattern: the methodological basis to study their relation with health [in Portuguese: Índices de adesão ao Padrão Alimentar Mediterrânico a base metodológica para estudar a sua relação com a saúde]. Revista Factores de Risco 2014;31:48-55.
- 3. <u>Oliveira A</u>. New strategies in the implementation of healthy lifestyles [in Portuguese: Novas estratégias na implementação de estilos de vida saudáveis]. Revista Factores de Risco 2011; 22: 6-8.
- 4. <u>Oliveira A</u>. Dietary guidelines in secondary prevention of myocardial infarction. [in Portuguese: Recomendações alimentares na prevenção secundária do enfarte do miocárdio]. Revista Factores de Risco 2011; 23: 44-46.
- 5. Oliveira A, Lopes C. Diet, Inflammation and Coronary Heart Disease. Arq Med 2010; 24(6): 260-265.
- 6. <u>Oliveira A</u>. Obesity and Body Fat Distribution as Coronary Risk Factors and Supply of Proinflammatory Cytokines. Arq Med 2010; 24(2): 53-57.
- 7. Oliveira A, Santos J. Diet and Coronary Heart Disease [in Portuguese]. Revista Factores de Risco 2008; 9: 82-89.
- 8. Oliveira A. Diet and Inflammation [in Portuguese]. Revista Factores de Risco 2007; 5: 72-77.
- 9. Ribeiro I, Calhau C, Pinheiro-Silva S, et al. Influence of the meals weight over the plasmatic concentrations of posprandial insulin and somastatin [in Portuguese]. Revista Portuguesa de Alimentação Humana 2002; 8 (1): 13-21.

Papers as journal abstracts

- Lisa Afonso, Susana Santos, Milton Severo, Carla Lopes, <u>Andreia Oliveira</u>. The effect of parental child-feeding practices at 4 years old on child's eating behaviours 3 years later. Acta Portuguesa de Nutrição 05 2016: 37-38.
- 2. Catarina Durão, <u>Andreia Oliveira</u>, Ana Cristina Santos, Milton Severo, António Guerra, Henrique Barros, Carla Lopes. Association of protein intake in preschool-age children with body mass index and serum insulin at 7 years-old [in Portuguese: Associação da ingestão proteica na idade pré-escolar com índice de massa corporal e insulina sérica aos 7 anos de idade]. Acta Portuguesa de Nutrição 05 2016: 37.
- 3. Sara Costa, Andreia Pinto, Carla Lopes, <u>Andreia Oliveira</u>. Association of eating behaviours with body mass index of 7 years-old children [in Portuguese: Associação de comportamentos alimentares com o índice de massa corporal de crianças aos 7 anos de idade]. Acta Portuguesa de Nutrição 05 2016: 38.
- 4. Vânia Magalhães, Sofia Vilela, <u>Andreia Oliveira</u>, Carla Lopes. How eating behaviours change and cluster during childhood? [in Portuguese: Como evoluem e se agregam os comportamentos alimentares e de atividade física na infância?] Acta Portuguesa de Nutrição 05 2016: 38.
- 5. Gabriela Albuquerque, Milton Severo, <u>Andreia Oliveira</u>. Early life characteristics of appetite-related eating behaviours in 7 year-old children. Acta Portuguesa de Nutrição 05 2016: 40.
- 6. Andreia Pinto, Sara Costa, Carla Lopes, <u>Andreia Oliveira</u>. The effect of eating behaviours in dietary quality at 7 years of age [in Portuguese: Efeito de comportamentos alimentares problemáticos na qualidade da alimentação aos 7 anos de idade]. Acta Portuguesa de Nutrição 05 2016: 40-41.
- 7. Durão C, Oliveira A, Moreira P, Severo M, Guerra A, Barros C, lopes C. Preschool children's dietary patterns and later adiposity. Eur J Public Health 2015; 25 (Suppl 3): 240.
- 8. Santos S, Gaillard R, <u>Oliveira A</u>, Barros H, Abrahamse-Berkeveld M, van der Beek EM, Hofman A, Jaddoe VWV. Associations of infant subcutaneous fat mass with total and abdominal fat mass at scool-age. The Generation R Study. J Dev Orig Health Dis 2015; 6 (Suppl. 2): S83-4.
- 9. A Oliveira, B Lauzon-Guillain, L Jones, P Emmett, P Moreira, E Ramos, MA Charles, C Lopes. Early eating behaviours in relation to fruit and vegetable intake and a healthy diet variety score at 4-5 years of age a prospective analysis in three European birth cohorts. International Journal of Community Nutrition 2014;0(suppl).
- Gabriela Albuquerque, Carla Lopes, Catarina Durão, Milton Severo, Andreia Oliveira. Children's dietary patterns at 4 years: are they associated with appetite-related eating behaviours at 7 years old? Acta Portuguesa de Nutrição (APN) 2015; 35-36.

- 11. Lisa Afonso, Carla Lopes, Milton Severo, Susana Santos, Helena Real, Andreia Oliveira. Bidirectional association between parental child-feeding practices and body mass index at 4 and 7 year-old. Acta Portuguesa de Nutrição (APN) 2015; 35.
- 12. Bárbara Nogueira, Sofia Vilela, Andreia Oliveira, Elisabete Ramos, Carla Lopes. A adesão à Dieta Atlântica e seus efeitos possíveis na insulinorresistência em adultos jovens. Acta Portuguesa de Nutrição (APN) 2015;56.
- 13. Durão C, Severo M, Oliveira A, Moreira P, Guerra A, Barros H, Lopes C. Dietary patterns and overweight among 4-years-old children [in Portuguese: Padrões alimentares em idade pré-escolar e obesidade aos 7 anos de idade]. Acta Portuguesa de Nutricão (APN) 2015;36:37.
- 14. Durão C, Severo M, Oliveira A, Moreira P, Guerra A, Lopes C. Dietary patterns and overweight among 4-years-old children. International Journal of Community Nutrition 2014;0(suppl):68.
- 15. Santos S, Lopes C, Oliveira A. Effect of n-6 and n-3 polyunsaturated fatty acids intake at 4years old on body fat patterns at 7 years old in the Generation XXI birth cohort. International Journal of Community Nutrition 2014; 0 (suppl):67.
- 16. C. Durão, M. Severo, A. Oliveira, P. Moreira, A. Guerra, H. Barros, C. Lopes. Associação de caraterísticas maternas com padrões alimentares de crianças em idade pré-escolar. Gac Sanit 2014;28(Espec Congr):71.
- 17. Durão C, Severo M, Oliveira A, Ramos E, Lopes C. Identificação de padrões alimentares em crianças com 4 anos de idade. Nutrícias 2014 Abr-Jun; 21: 41.
- Santos S, Severo M, Santos AC, Lopes C, Barros H, Oliveira A. Identification of clusters of body composition and time changes from 4 to 7 years in children from Generation XXI. Eur J Epidemiol 2013; 28 (Suppl. 1): S208.
- 19. Santos S, Oliveira A, Pinho C, Casal S, Lopes C. Fatty acids derived from a food frequency questionnaire and measured in erythrocyte-membrane in relation to adiponectin and leptin concentrations. Revista Nutrícias 2013; (17): 46-47.
- 20. A Oliveira, B Lauzon-Guillain, L Jones, P Emmett, P Moreira, E Ramos, MA Charles, C Lopes. Could birth weight predict feeding behaviours in early life? Cross-cultural comparisons within three European population-based cohorts. Eur J Public Health 2013; 23(Supplement 1): 248.
- 21. Emmett P, de Lauzon-Guillain B, Jones L, <u>Oliveira A</u>, Moschonis G, Betoko A, Lopes, C, Moreira P, Manios Y, Charles MA. Critical periods for eating habit development; results from cohort studies in France, Portugal, Greece and Uk. Annals of Nutrition and Metabolism 2013; 63 (Supplement 1): 38-38.
- 22. Moschonis G, Cooke L, Fildes A, Lopes C, Moreira P, <u>Oliveira A</u>, Manios Y, Mavrogianni C, Hetherington M, Issanchou S. Results of taste study: intervention to increase vegetable liking and consumption by exposure to a variety of vegetables at weaning. Annals of Nutrition and Metabolism 2013; 63 (Supplement 1): 39-40.
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7. Communications

Oral communications in scientific meetings

- Lisa Afonso, Susana Santos, Milton Severo, Carla Lopes, <u>Andreia Oliveira</u>. The effect of parental child-feeding practices at 4 years old on child's eating behaviours 3 years later. XV Congress of Food and Nutrition. Porto, 19-20 May, 2016.
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Poster communications in scientific meetings

- Marta Costa, Sofia Vilela, Vânia Magalhães, <u>Andreia Oliveira</u>, Carla Lopes. Consumption of fruit and vegetables and energy-dense foods between 4 and 7 years-old [in Portuguese: Consumo de fruta e produtos hortícolas e de alimentos de elevada densidade energética entre os 4 e os 7 anos]. XV Congress of Food and Nutrition. Porto, 19-20 May, 2016.
- 2. Gabriela Albuquerque, Milton Severo, Andreia Oliveira. Early life characteristics of appetite-related eating behaviours in 7 year-old children. 24th Annual Meeting of the Society for the Study of Ingestive Behavior. Porto, 12 16 July, 2016.
- 3. Lisa Afonso, Carla Lopes, Milton Severo, Susana Santos, Helena Real, <u>Andreia Oliveira</u>. Bidirectional association between parental child-feeding practices and body mass index at 4 and 7 year-old. XIV Congress of Food and Nutrition. Lisbon, 21-22 May, 2015.
- 4. Santos S, Gaillard R, <u>Oliveira A</u>, Barros H, Abrahamse-Berkeveld M, van der Beek EM, Hofman A, Jaddoe VWV. Associations of infant subcutaneous fat mass with total and abdominal fat mass at scool-age. The Generation R Study. 9th World Congress on Developmental Origins of Health and Disease. Cape Town, South Africa, 8-11 November, 2015.
- A Oliveira, B Lauzon-Guillain3, L Jones, P Emmett, P Moreira, E Ramos, MA Charles, C Lopes. Could birth
 weight predict feeding behaviours in early life? Cross-cultural comparisons within three European populationbased cohorts. 6th European Public Health Conference. Brussels, Belgium, 13-16 November, 2013.
- 6. <u>Oliveira A</u>, Lauzon-Guillain B, Jones L, Emmett P, Moreira P, Ramos E, Charles MA, Lopes C. Could birth weight predict feeding behaviours in early life? Cross-cultural comparisons within three European population-based cohorts. Dijon Symposium. Dijon, France, 31 March 1 April, 2014.
- 7. Oliveira A, Jones L, Lauzon-Guillain B, Emmett P, Moreira P, Charles MA, Lopes C. Early eating behaviours in relation to fruit and vegetable intake and a healthy diet variety score at 4-5 years of age a prospective analysis in three European birth cohorts. Dijon Symposium. Dijon, France, 31 March 1 April, 2014.
- 8. C Durão, <u>A Oliveira</u>, P Moreira, M Severo, A Guerra, H Barros, C Lopes. Evaluating the effect of energy dense foods on children's weight status using a cross-lagged panel design. 6th European Public Health Conference. Brussels, Belgium, 13-16 November, 2013.
- 9. <u>Oliveira</u>, P. Moreira, C. Lopes. Feeding difficulties in early ages and body composition at 4-5 years of age in children from the Generation XXI cohort. [In Portuguese: Dificuldades alimentares em idades precoces e composição corporal aos 4-5 anos de idade em crianças da coorte Geração XXI]. Ibero-American Congress of Epidemiology and Public Health. Granada, Spain, 3-6 September, 2013.
- 10. Susana Santos, Milton Severo, Ana Cristina Santos, Carla Lopes, Henrique Barros, <u>Andreia Oliveira</u>. Identification of clusters of body composition and time changes from 4 to 7 years in children from Generation XXI. European Congress of Epidemiology (EUROEPI) 2013. Aarhus, Denmark, 11-14 August 2013.
- 11. Severo M, Alves H, <u>Oliveira A</u>, Santos AC, Barros H, Lopes C. Parental feeding practices and their association with growth trajectories in a Portuguese Birth Cohort during the first five years of life. European Congress of Epidemiology (EUROEPI) 2013. Aarhus, Denmark, 11-14 August 2013.
- 12. Carla Alves, <u>Andreia Oliveira</u>. Association between food neophobia and dietary intake in adolescentes [in Portuguese: Associação entre o grau de neofobia alimentar e o consumo alimentar de adolescentes]. XII Congress of Food and Nutrition. Lisbon, 16-17 May, 2013.

- 13. Lisa Afonso, <u>Andreia Oliveira</u>, Carla Lopes. Determinants of early weaning in a Portuguese birth cohort. [in Portuguese: Determinantes da diversificação alimentar precoce numa coorte de nascimento Portuguesa]. XII Congress of Food and Nutrition. Lisbon, 16-17 May, 2013.
- 14. Meira L, <u>Oliveira A</u>, Severo M, Ramos E, Lopes C. Knowledge, attitudes and auto-efficacy on nutrition and physical activity in adolescents [in Portuguese]. III National Congress of Public Health. Coimbra, Portugal, 25-26 October, 2012.
- 15. Santos S, <u>Oliveira A</u>, Lopes C. Effects of saturated fatty acids on circulating markers of inflammation and adipokines: a systematic review. Ninth Congress of the Portuguese Society of Food and Nutrition Sciences. Porto, 16-17 October, 2012.
- 16. Santos S, Oliveira A, Casal S, Lopes C. Saturated fatty acids intake in relation to C-reactive protein, adiponectin and leptin: a population-based study. European Congress of Epidemiology. Porto, 5-8 September, 2012.
- 17. Moreira I, Severo M, Oliveira A, Durão C, Moreira P, Lopes C. Determinants of parental child-feeding patterns in children aged 4 years old. European Congress of Epidemiology. Porto, 5-8 September, 2012.
- 18. Gonçalves, JP, Oliveira A, Severo M, Santos AC, Lopes C. Cross-sectional and longitudinal associations between serum uric acid and metabolic syndrome. European Congress of Epidemiology. Porto, 5-8 September, 2012.
- Oliveira A, Pinto E, Moreira P, Santos AC, Barros H, Lopes C. Small and large for gestational age children have different eating behaviours at 6 months of age. 19th World Congress of Epidemiology. Edinburgh 7-11 August, 2011.
- Oliveira A, Lopes C, Rodríguez-Artalejo F. Adherence to the Southern European Atlantic Diet and occurrence
 of nonfatal acute myocardial infarction. II World Congress of Public Health Nutrition. Porto 23-25 August,
 2010.
- 21. Camões M, <u>Oliveira A</u>, Pereira M, Severo M, Lopes C. Physical activity and diet on incidence of Hypertension a population-based study in Portuguese adults. II World Congress of Public Health Nutrition. Porto 23-25 August, 2010.
- 22. <u>Oliveira A</u>, Ramos E, Lopes C, Barros H. Self-reporting weight and height: misclassification effect on the risk estimates for acute myocardial infarction [in Portuguese]. XXX Portuguese Congress of Cardiology. Vilamoura, 19-22 April, 2009.
- 23. <u>Oliveira A</u>, Severo M, Lopes C. Dietary patterns and cardiovascular risk markers [in English]. XVIII IEA World Congress of Epidemiology, VII Brazilian Congress of Epidemiology. Porto Alegre Brazil, 20-24 September, 2008.
- 24. Oliveira A, Lopes C. Calcium and dairy intake and Obesity a population study in adults from Porto [in Portuguese]. VII Congress of Food and Nutrition. Lisbon, 29-30 May, 2008.
- 25. Oliveira A, Lopes C, Júlia M, Barros H. Lifestyles and Acute Myocardial Infarction in an urban sample of Portuguese adults [in Portuguese]. XIV Portuguese Congress of Epidemiology. Lisbon, 11-13 October, 2006.
- 26. Oliveira A, Lopes C, Júlia M, Barros H. Obesity prevalence and ethanol intake in a community sample of Portuguese adults [in Portuguese]. XIV Portuguese Congress of Epidemiology. Lisbon, 11-13 October, 2006.
- 27. Oliveira A, Santos AC, Lopes C. Alcohol consumption and obesity in an urban Portuguese population [in English]. 11th World Congress on Public Health. Brazil, August 21-25, 2006.
- 28. Lopes C. <u>Oliveira A</u>, Ramos E. Social and behavioural determinants of fruit and vegetables intake [in English]. 11th World Congress on Public Health. Brazil, August 21-25, 2006.
- 29. Lopes C, Oliveira A, Azevedo A, Barros H. Age modifies the effect of classical myocardial infarction risk factors". European Congress of Epidemiology [in English]. Netherlands, June 28- July 01, 2006.
- 30. Oliveira A, Barros H, Maciel MJ, Lopes C. Tobacco smoking and acute myocardial infarction in young adults: a population based case-control study" [in Portuguese]. XXVII Portuguese Congress of Cardiology. Vilamoura, 22-26 April, 2006.
- 31. Oliveira A, Peleteiro B, Ferreira R, Severo M, Santos AC, Barros H. Vitamin and mineral supplement use in a community sample from Porto [in Portuguese]. 1st National Congress of Health and Behaviors of Minho University. Braga, 3 June, 2005.

8. Awards

- 1st prize for best oral presentation. Catarina Durão, <u>Andreia Oliveira</u>, Ana Cristina Santos, Milton Severo, António Guerra, Henrique Barros, Carla Lopes. Association of protein intake in preschool-age children with body mass index and serum insulin at 7 years-old [in Portuguese: Associação da ingestão proteica na idade pré-escolar com índice de massa corporal e insulina sérica aos 7 anos de idade]. XV Congress of Food and Nutrition. Porto, 19-20 May, 2016.
- 2. 3rd prize for best poster presentation. Marta Costa, Sofia Vilela, Vânia Magalhães, <u>Andreia Oliveira</u>, Carla Lopes. Consumption of fruit and vegetables and energy-dense foods between 4 and 7 years-old [in Portuguese: Consumo de fruta e produtos hortícolas e de alimentos de elevada densidade energética entre os 4 e os 7 anos]. XV Congress of Food and Nutrition. Porto, 19-20 May, 2016.
- 3. Award "Patxi Català" SESPAS-EASP (Sociedad Espanola de Salud Pública y Adminstración Sanitaria and Escuela Andaluza de Salud Pública). 1st award for best oral communication. Albuquerque G, Lopes c, Durão C, Severo M, Moreira P, Oliveira A. Dietary patterns at 4 years of age: are they associated with appetite-related eating behaviours in 7 year-old children? II Ibero-American Congress of Epidemiology and Public Health. Santiago de Compostela, Spain, 2-4 September, 2015.
- 4. 1st prize for best poster-oral communication. Santos S, Gaillard R, Oliveira A, Barros H, Abrahamse-Berkeveld M, van der Beek EM, Hofman A, Jaddoe VWV. Associations of infant subcutaneous fat mass with total and abdominal fat mass at scool-age. The Generation R Study. 9th World Congress on Developmental Origins of Health and Disease. Cape Town, South Africa, 8-11 November, 2015.
- 5. 1st award of the Food & Nutrition Awards 2014 (APN/GCI) Research and Development category. Carla Lopes, Andreia Oliveira, Lisa Afonso, Teresa Moreira, Catarina Durão, Milton Severo, Sofia Vilela, Elisabete Ramos, Henrique Barros. Dietary and nutritional intake in preschool-aged children: Results from the Generation 21 cohort. [in Portuguese: Consumo alimentar e nutricional de crianças em idade pré-escolar: Resultados da coorte Geração 21]. Institute of Public Health of the University of Porto; 2014. (ISBN: 978-989-98867-4-2).
- 6. 2nd honourable mention of the Food & Nutrition Awards 2014 (APN/GCI) Mobilization Initiative category. Carla Lopes, Andreia Oliveira, Lisa Afonso, Catarina Durão, Pedro Moreira, Elisabete Pinto, Elisabete Ramos, Henrique Barros. From table to the garden: I learn to like fruit and vegetables. A practical guide for parents and childcare professionals of preschool-aged children. [in Portuguese: Da mesa à horta: aprendo a gostar de fruta e vegetais. Um guia prático para pais e cuidadores de crianças em idade pré-escolar]. Institute of Public Health of the University of Porto; 2014. (ISBN: 978-989-98867-3-5).
- 7. Award of the Portuguese Association of Epidemiology for best publication 2013. Vilela S, Oliveira A, Ramos E, Moreira P, Barros H, Lopes C. Association between energy-dense food consumption at 2 years of age and diet quality at 4 years of age. Br J Nutr. 2014 Apr 14; 111(7):1275-82.
- 1st award of best oral communication. Catarina Durão, Milton Severo, <u>Andreia Oliveira</u>, Elisabete Ramos, Carla Lopes. Identification of dietary patterns in 4 years-old children. [in Portuguese: Identificação de padrões alimentares em crianças com 4 anos de idade]. XII Congress of Food and Nutrition. Porto, 22-23 May, 2014.
- 9. 1st award of best oral communication. Susana Santos, <u>Andreia Oliveira</u>, Carina Pinho, Susana Casal, Carla Lopes. Fatty acids derived from a food frequency questionnaire and measured in erythrocyte-membrane in relation to adiponectin and leptin concentrations. [In Portuguese: Efeito dos ácidos gordos medidos através de um questionário de frequência alimentar e na membrana dos eritrócitos nas concentrações de adiponectina e leptina]. XI Congress of Food and Nutrition. Lisbon, 16-17 May, 2013.
- 10. 1st award of best oral communication. Santos S, Oliveira A, Lopes C. Adherence to a healthy dietary pattern and body fat distribution measured by different methods (DEXA and anthropometry) in Portuguese adults [in Portuguese]. Adesão a um padrão alimentar saudável e distribuição de gordura corporal avaliada por diferentes métodos (DEXA e antropometria), em adultos portugueses. XI Congress of Food and Nutrition. Porto, 24-25 May, 2012.
- 11. 1st award of best oral communication. Vilela S, Oliveira A, Santos AC, Pinto E, Moreira I, Lopes C. Social determinants of high-density food consumption in children at 2 years [in Portuguese]. X Congress of Food and Nutrition & Ibero-American Congress of Nutrition. Lisbon, 12-13 May, 2011.
- 12. Award of best communication in Nutrition. Lourenço S, Oliveira A, Lopes C. Alcohol consumption and obesity [in Portuguese]. 14th Portuguese Congress of Obesity. Porto, 25-27 November, 2010.
- 13. 1st honourable mention. Oliveira A, Rodríguez-Artalejo F, Ramos E, Santos AC, Gaio R, Lopes C. Diet, Inflammation and Coronary Disease. Nutrition Awards, Portuguese Society of Nutritionists. Lisbon, 30 June, 2010.

- 14. 2nd award of best oral communication. Oliveira A, Lopes C. Mediterranean Dietary Pattern and Acute Myocardial Infarction: body mass index modification effect [in Portuguese]. VIII Congress of Food and Nutrition. Porto, 28-29 May, 2009.
- 15. 3rd award of best oral communication. Oliveira A, Ramos E, Santos AC, Lopes C. Mediterranean Dietary Pattern and C-reactive protein: modification effect by body fat [in Portuguese]. VI Portuguese Congress of Epidemiology. Porto, 23-24 October, 2008.
- 3rd award of best oral communication. Araújo J, Oliveira A, Ramos E, Lopes C. Lifestyles and Health perception in Portuguese elderly of rural and urban areas. VII Congress of Nutrition and Diet. Lisbon, 29-30 May, 2008.

9. Supervision of Academic Theses

Master thesis Completed

- 1. Bruno dos Santos Maia. Socio-demographic and behavioural determinants of fruit and vegetable consumption in adults: a population-based study. Master in Public Health of the University of Porto. 25 November, 2010; (Supervisor: Carla Lopes; Co-Supervisor: Andreia Oliveira)
- 2. Ana Sofia Pereira Azevedo. Determinantes comportamentais do excesso de peso e obesidade em adolescentes de 17 anos estudo EPITeen. Master Course in Education for Health of the University of Porto. 13 December, 2011 (Supervisor: Andreia Oliveira; Co-Supervisor: Elisabete Ramos)
- 3. Susana Moreira Silva Santos. Saturated fatty acids, inflammatory markers and adipokines. Master Course in Epidemiology of the University of Porto Medical School. 21 March, 2012 (Supervisor: Carla Lopes, Co-Supervisor: Andreia Oliveira)
- 4. Carla Márcia Vilela Alves. Caracterização sociodemográfica e comportamental de um Padrão Alimentar Saudável: aplicação do Kidmed a Adolescentes (15-18 anos) de um meio rural. Nutrition and Food Sciences Graduation of the Faculty of Nutrition and Food Sciences of the University of Porto. (Supervisor: Andreia Oliveira)
- Sandrine Couto. Prevalência de inequação da ingestão nutricional em crianças de 4 anos e seus determinantes. Master Course in Public Health of the University of Porto. 15 January, 2013 (Supervisor: Andreia Oliveira; Co-Supervisor: Carla Lopes)
- Carla Márcia Vilela Alves. Neofobia alimentar, hábitos alimentares e aproveitamento escolar em adolescentes.
 Master Course in Education for Health of the University of Porto. 27 February, 2013 (Supervisor: Andreia Oliveira)
- 7. Ana Isabel Paupério Mendes Ribeiro. Measuring food neophobia during pregnancy and its association with the infant's feeding method. Master Course in Epidemiology of the University of Porto Medical School. 24 February, 2014 (Supervisor: Andreia Oliveira; Co-Supervisor: Pedro Moreira)
- 8. Ana Gabriela Machado Albuquerque. Appetite-related eating behaviors during childhood. Master in Public Health of the University of Porto Medical School. (Supervisor: Andreia Oliveira). 15 April, 2015 (Supervisor: Andreia Oliveira)
- Ana Luísa Ribeiro de Barros. Definition of a healthy dietary variety index in 4 years-old children and its related factors. Master in Public Health of the University of Porto Medical School. 16 April, 2015 (Supervisor: Andreia Oliveira)

PhDtheses On-going

1. Susana Moreira Silva Santos. Early life determinants of body fat distribution patterns and blood lipids' profile in children. PhD in Public Health of the University of Porto Medical School (funded by FCT - SFRH/BD/81123/2011). (Supervisor: Andreia Oliveira)

Research training completed

1. Ana Gabriela Machado Albuquerque. Training in Generation XXI cohort. (Supervisor: Andreia Oliveira)

Pre-graduation theses completed

 Daniela Raposo Cavaca Matias Pereira. Satiety and appetite regulation [in Portuguese: Saciedade e Regulação do Apetite]. Pre-graduation course in Nutrition Sciences. Fernando Pessoa University. (Supervisor: Andreia Oliveira) 2. Ana Lúcia Cruz Ribeiro. Influence of publicity on food consumption [in Portuguese: Marketing e publicidade – Influência no consumo alimentar de crianças]. Pre-graduation course in Nutrition Sciences. Fernando Pessoa University. (Supervisor: Andreia Oliveira)

Pre-graduation theses ongoing

- 1. Ana Catarina Araújo. Eating behaviours related with appetite. Pre-graduation course in Nutrition Sciences. Fernando Pessoa University. (Supervisor: Andreia Oliveira)
- 2. Ana Carolina Coelho. Parental-child feeding practices during childhood. Pre-graduation course in Nutrition Sciences. Fernando Pessoa University. (Supervisor: Andreia Oliveira)

Professional training (Nutritionists Order)

Vanda Craveiro (completed in May 2016) (Supervisor: Andreia Oliveira)

Sara Costa (on-going) (Supervisor: Andreia Oliveira) Andreia Pinto (on-going) (Supervisor: Andreia Oliveira)

Vânia Lisboa (on-going) (Supervisor: Andreia Oliveira; Co-supervisor: Vânia Magalhães)

10	Activities	26.2	reviewer
TO.	ACTIVITIES	as a	CVICVCI

Portuguese Archives of Medicine
Abstracts submitted to the VI Portuguese Congress of Epidemiology
Coronary Heart Disease
American Journal of Clinical Nutrition (ISSN 0002-9165) Public Health Nutrition (ISSN 1368-9800) Nutrition, Metabolism and Cardiovascular Diseases (ISSN 0939-4753) Preventive Medicine (ISNN 0091-7435) Journal of Pharmacy and Bioallied Sciences Portuguese Archives of Medicine Journal of the American Dietetic Association (ISNN 0002-8223)
Journal of the American Dietetic Association (ISSN 0002-9165) Preventive Medicine (ISNN 0091-7435) Portuguese Archives of Medicine Public Health Nutrition (ISSN 1368-9800)
Nutrícias (ISSN 1645-1198)
Public Health Nutrition (ISSN 1368-9800) Nutrícias (ISSN 1645-1198) Preventive Medicine (ISNN 0091-7435) Nutrition Research (ISNN 0271-5317)
Associated Editor of the journal Factores de Risco – Portuguese Society of Cardiology
Public Health Nutrition (ISSN 1368-9800) Ata Portuguesa de Nutrição

11. Membership of Scientific Committees

2013	Member of the Scientific Committee of the XXXIV Portuguese Congress of Cardiology
2012	Member of the Scientific Committee of the XXXIII Portuguese Congress of Cardiology Member of the National Steering Committee of the European Congress of Epidemiology Member of the Scientific Council of the Portuguese Association of Nutritionists' Journal (Revista Nutrícias)
2011	Member of the Evaluation Panel of abstracts from the Ibero-American Congress of Nutrition Jury of the Nutrition Awards (Research category), 2011
2012	Steering Committee member of the European Congress of Epidemiology, 2012 Member of the Evaluation Panel of abstracts of the European Congress of Epidemiology

12. Attendance to Congresses and Workshops

Period	Congress / Workshop, Place
19-20 May, 2016	XV Congress of Food and Nutrition. Porto, Portugal
29 January, 2016	Seminar of Legislation, Ethics and Deothology, Porto, Portugal
18-21 April, 2015	XXXVI Portuguese Congress of Cardiology, Albufeira, Portugal
22-23 May, 2014	XII Congress of Food and Nutrition. Porto, Portugal
27-29 April, 014	XXXV Portuguese Congress of Cardiology, Albufeira, Portugal
13-16 November, 2013	6 th European Public Health Conference. Brussels, Portugal
16-17 May, 2013	XI Congress of Food and Nutrition. Lisbon, Portugal
28-30 April, 2013	XXXIV Portuguese Congress of Cardiology, Vilamoura, Portugal
25-26 October, 2012	III National Congress of Public Health. Coimbra, Portugal
25-27 September, 2012	Porto HabEat meeting and 2nd Stakeholders Workshop. Porto, Portugal
5-8 September, 2012	European Congress of Epidemiology. Porto, Portugal
24-25 May, 2012	XI Congress of Food and Nutrition. Porto, Portugal
21-24 April, 2012	XXXIII Portuguese Congress of Cardiology. Vilamoura, Portugal
3-4 April, 2012	Second annual HabEat meeting and first stakeholder workshop. Leeds, UK
18-19 October, 2011	EUCCONET International Workshop. Bristol, UK
7-11 August, 2011	19 th World Congress of Epidemiology. Edinburgh, Scotland
6-9 July, 2011	CIOI International Conference on Childhood Obesity. Oeiras, Portugal
12-13 May, 2011	X Congress of Food and Nutrition & II Ibero-American Congress of Nutrition. Lisbon, Portugal
12-14 April, 2011	First HabEat Annual Meeting. Athens, Greece
6-9 November, 2010	European Congress of Epidemiology (UROEPI2010). Florence, Italy
28-29 November, 2010	II National Congress of Public Health. Porto, Portugal
23-25 Sep, 2010	II World Congress of Public Health Nutrition. I Latinamerican Congress of Community Nutrition. Porto, Portugal
25-27 May, 2010	Workshop "Know to Act: in direction to the Millennium Objectives", Porto, Portugal
20-21 May, 2010	IX Congress of Food and Nutrition. Lisbon, Portugal
09-12 April, 2010	XXXI Portuguese Congress of Cardiology. Lisbon, Portugal
28-29 May, 2009	VIII Congress of Food and Nutrition. Porto, Portugal
19-22 April, 2009	XXX Portuguese Congress of Cardiology. Vilamoura, Portugal
6-8 March, 2009	2 nd Meeting of the Study Group of Cardiovascular Risk and the Nutrition Nucleolus in Cardiology of the Portuguese Society of Cardiology: "Cardiovascular Prevention and Diet. From concepts to clinical practice". Figueira da Foz, Portugal
20-22 November, 2008	12 th Portuguese Congress of Obesity. Aveiro, Portugal
23-24 October, 2008	VI Portuguese Congress of Epidemiology. Porto, Portugal
20-24 September, 2008	XVIII IEA World Congress of Epidemiology, VII Brazilian Congress of Epidemiology. Porto Alegre, Brazil
20-23 April, 2008	XXIX Portuguese Congress of Cardiology. Vilamoura, Portugal
8-9 March, 2008	1 st Meeting of the Study Group of Cardiovascular Risk and the Nutrition Nucleolus in Cardiology of the Portuguese Society of Cardiology: "Cardiovascular Prevention and Diet. From concepts to clinical practice". Cúria, Portugal
24-27 January, 2008	IX Portuguese Congress of Endocrinology. Lisbon, Portugal
14-16 November, 2007	V National Congress of Epidemiology. Lisbon, Portugal
11-13 October, 2007	Seventh Congress of the Portuguese Society of Food and Nutrition Sciences. Porto, Portugal
27-29 September, 2007	II Portuguese-Spanish Congress in Food, Nutrition and Dietetics and VI National Congress of Food and Nutrition. Santa Maria da Feira, Portugal
12-14 September, 2007	SSM/IEA Joint Meeting, University College Cork. Ireland
22-25 April, 2007	XVIII Portuguese Congress of Cardiology. Vilamoura, Portugal
11-13 October, 2006	XIV National Congress of Epidemiology. Cascais, Portugal
25-26 May, 2006	V Congress of Food and Nutrition. Porto, Portugal
22-26 April, 2006	XXVII Portuguese Congress of Cardiology, Vilamoura, Portugal

20 January, 2006	III International Symposium of Hepatic Diseases. The role of iron and nutrition in hepatic diseases, Vila Nova de Gaia, Portugal
13-15 October, 2005	Sixth Congress of the Portuguese Society of Food and Nutrition Sciences, Porto.
01-02 September, 2005	Lisbon Workshop on Fruit and Vegetable Promotion in Countries of Portuguese Language. Lisbon, Portugal
14-15 July, 2005	Journeys of Olive Oil and Health. Vila Flor, Trás-os-Montes
2-3 June, 2005	1^{st} National Congress of Health and Behavior, Minho University. Braga, Portuga
16 March, 2005	Conference "Protection of Personal Data", Law Faculty of University of Porto, Portugal
8-11 September, 2004	European Congress of Epidemiology, International Epidemiological Association – European Epidemiology Federation. Porto, Portugal
7 September, 2004	Epidemiology Portuguese-Brazilian Meeting, Department of Hygiene and Epidemiology of University of Porto Medical School, Portugal
17 March, 2004	Conference "Parenteral Nutrition and in the Critical Patient", Faculty of Food and Nutrition Sciences, University of Porto, Portugal
10-11 March, 2004	Congress "Quality and Food Safety", Faculty of Food and Nutrition Sciences, University of Porto, Portugal
17-18 December, 2003	I Course of Nutrition, Abel Salazar Institute of Biomedical Sciences, Porto, Portugal
12-13 March, 2003	${\tt Congress~`Nutrition~and~Sports'',~Faculty~of~Food~and~Nutrition~Sciences,~University~of~Porto,~Portugal}$
20-21 March, 2002	Congress "Fats of Life", Faculty of Food and Nutrition Sciences, University of Porto, Portugal
4-5 April, 2001	Congress "Alcoholic Beverages and Alcohol", Faculty of Food and Nutrition Sciences, University of Porto, Portugal
28-29 Março, 2000	Congress "Diabetes, Faculty of Food and Nutrition Sciences, University of Porto, Portugal
13 Março, 2000	I Journey of Nutrition in Sports, Faculty of Food and Nutrition Sciences, University of Porto, Portugal

13. Language

Language	Reading	Writing	Conversation
English	Excellent	Excellent	Very good
Spanish	Very good	Good	Good
French	Basic	Basic	Basic

14. IT skills

Good knowledge on the software: Word, Excel, PowerPoint, Publisher, Access, Stata, SPSS. Daily use of Internet

15. Additional information

Membership to Scientific/Professional Societies

2012	Nutritionists Ordem (General Council member)
2010	European Society of Cardiology
2009	Cardiovascular Research & Development Unit of Porto
2008	Portuguese Society for the Study of Obesity (SPEO)
2007	Cardiovascular Research & Development Unit of Porto
2006	Portuguese Association of Nutritionists (APN)
	Portuguese Association of Epidemiology (APE)
2005	European Young Epidemiologists (EYE), International Epidemiological Association (IEA)

Coordination of Scientific/Professional Societies

2011/2013 Coordinator of the Nuclei of Nutrition in Cardiology, Portuguese Society of Cardiology 2013/2015