

OBJECTIVES

To identify priorities in Public Health Nutrition and to understand what we could get from evidence.

To increase knowledge in dietary assessment and methods of analyzing dietary exposures.

To understand principles of human health risk-benefit assessment of foods.

To develop skills for study the relation between nutrition and health.

PROGRAM

THURSDAY, MAY 30

14.00 – 15.30H	Concepts and priorities in Public Health Nutrition <i>break</i>	Carla Lopes
15.45 – 17.15H	Evidence on nutrition and health <i>break</i>	Andreia Oliveira
17.30 – 19.00H	Life course approach to nutrition and obesity	Joana Araújo

FRIDAY, MAY 31

14.00 – 15.45H	Dietary assessment: Methods and applications <i>break</i>	Carla Lopes
16.00 – 17.30H	Dietary patterns analysis <i>break</i>	Andreia Oliveira
17.45 – 19.00H	Ultra-processed foods and health: the NOVA Classification	Sara Rodrigues

SATURDAY, JUNE 1

09.00 – 10.45H	Risk-benefit Assessment: overall concepts and applications <i>break</i>	Sara Pires
11.10 – 13.00H	Risk-benefit Assessment: methods and examples	Sara Pires

FACULTY

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Sara PIRES

National Food Institute – Technical University of Denmark, DK

Setting: Institute of Public Health - Rua das Taipas, nº 135, Porto (Portugal)

Training language: English

Participants: Health professionals with interests in Nutrition and Health (Maximum number of participants: 30)

Selection of participants: Course limited to 30 participants; the selection will be made by order of registration.

Fee: 150€ general fee; 100€ for students and alumni from the University of Porto and for public health internship medical doctors

Online application: The registration process must be done at <http://www.ispup.up.pt>

Application Deadline: May 17, 2019

Contact:

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